THE CHRONICLE

OF SAINT PAUL OF THE CROSS PARISH

"Father, if you are willing,
remove this cup from me.
Nevertheless, not my will,
but yours, be done.

And there appeared to him an angel from Heaven, strengthening him."

~ Luke 22:42-43

IN THIS ISSUE

CARRYING OUR CROSS IN DIFFICULT TIMES.



SOUTH HILLS CATHOLIC ACADEMY

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Dear Parishioners & Friends...

hen I entered the seminary as a young man, the first substantial research paper I ever wrote was a rather feeble attempt to delve into the mystery of Christ's suffering.

The question I sought to answer at the time was, "How could Jesus really suffer, if He knew that He would be raised from the dead and that His death would save mankind?"

As the years have progressed, I've come to understand that what the Church teaches about Christ's suffering is quite similar to what she teaches about our suffering as individual Christians; namely, that even though we believe in Heaven and in the resurrection of the dead, suffering is still very real, but has deep meaning and purpose.

In addition to the regular features of our parish magazine, this issue of *The Chronicle* seeks to address the meaning of suffering in each of our lives, and how the crosses and indignities we are made to bear are to be viewed as opportunities to win grace for others, in imitation of Christ.

As we enter into the holy season of Lent, there is a lot going on in our parish. The restoration of Saint Anne church is underway, future renovations are being planned, and the process of conveying the Saint Winifred campus to the South Hills Catholic Academy is taking shape.

But as significant as these temporal projects may be, nothing is more important than our life in Jesus Christ, who during His ministry was very clear when he declared, "Whoever does not carry his own cross and come after me cannot be my disciple" (LK 14:27).

It is my hope that the pages of this magazine will help us all in doing just that.

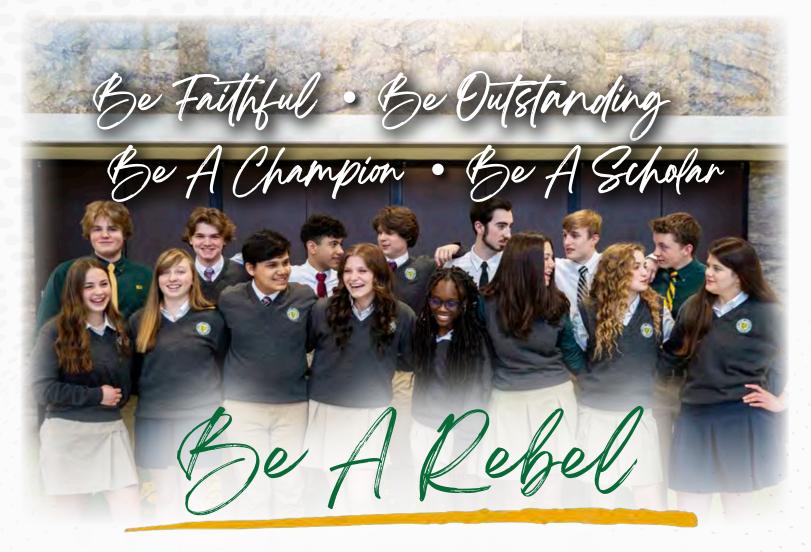
Sincerely,

NOR 6

Father Mike



Fr. Michael A. Caridi
Pastor



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Cover Art

Christ at Gethsemane by Carl Heinrich Bloch.

Carl Bloch was born in Denmark and lived from 1834-1890.
Bloch is recognized by many as the greatest artist ever to interpret the life and death of Christ through his many paintings.

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Origen called Golgotha "the
Place of the Skull," referring
to the skull of Adam, and the
crack that connects Calvary
to the tomb of Adam.



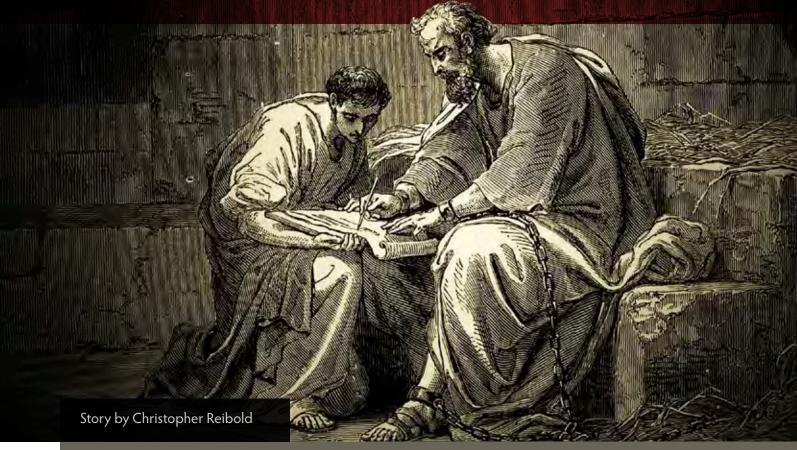
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here is a church just south of Rome, where the side of a marble sarcophagus can be seen under the altar. The sarcophagus was discovered during an archaeological excavation in 2002. An inscription on the lid reads: Paulo, Apostolo, Mart – Paul, Apostle, Martyr.

St. Paul and the Way of the Cross

Paul the Apostle was born Saul of Tarsus around the turn of the first century in what is now south-central Turkey. He was, "of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee" (*Phil 3:5*).

He initially trained as a tent maker, but while still a young man, he was sent to Jerusalem to study under Gamaliel, one of the great rabbis of the age.

Paul would go on to become a zealous defender of Judaism, and persecutor of Christians (*Acts 26:10*). He was on his way to Damascus to arrest Christians there when

he experienced his famous conversion (Acts 9:1-16).

One of the most intriguing parts of Paul's story follows the account of his conversion. In his letter to the Galatians, Paul tells us that, after his conversion, he went to Arabia where he received his gospel "through a revelation of Jesus Christ", that he might "proclaim Him (Jesus) to the Gentiles" (Gal 1:12, 1:16). Just where Paul went, and what he experienced there, are matters for speculation.

Suffering for Christ

Paul undertook three missionary journeys that are recounted in the Acts of the Apostles, and perhaps a fourth that may have taken place after the writing of Acts.

During his missionary activity, Paul suffered greatly for the faith (2 Cor 11).

Paul also suffered from a chronic disease, which he describes as a "thorn in my flesh" (2 Cor 12:7). Many theories have been put forward regarding the nature of Paul's illness, from conjunctivitis to epilepsy. An interesting possibility is that Paul received the stigmata. This idea is supported by the apparently sudden onset of his illness, and the fact that, in connection with his illness, he says, "...for now I bear upon my body the marks of Christ" (Gal 6:17).

Carrying his Cross

The testimony of the early Church Fathers is unanimous that Paul was martyred in Rome. Tertullian adds that he

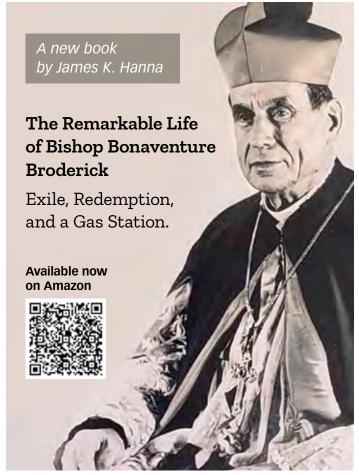
If I must boast, I will boast of the things that show my weakness.

~ St. Paul 2 Cor. 11:30 was beheaded. According to tradition, Paul was buried on the estate of a Christian woman named Lucina.

Emperor Constantine the Great had Paul's remains exhumed and reinterred in a new tomb over which a church was built. That church, now known as *The Basilica of St. Paul Outside the Walls*, has been

renovated many times since the 4th Century, but the tomb and sarcophagus, together with fragments of bone, incense, and bits of purple cloth, were found under the altar in 2002.

An important aspect of Paul's teaching is the need to conform ourselves to Christ. In order to share in His resurrection, we must share in His whole life, including His suffering. We are united with Christ in the mystery of the cross. As we journey through this Lenten season, let us remember the example of Paul, who patiently bore his many crosses, and even rejoiced in his suffering, that by being conformed to Christ's death, he might attain to His resurrection from the dead.





THIS, HE DID FOR YOU. WHAT WILL YOU DO FOR HIM?

Reflections on the Passion of Christ by Fr. Richard Infante

LIVING CATHOLIC: The Paschal Mystery

Living out our faith as Catholics includes participation in the Holy Sacrifice of the Mass – which is the source and summit of our worship of God. But we also express our faith in various other forms of piety developed over the centuries such as Eucharistic devotion, the veneration of relics, novenas, pilgrimages, the rosary, and during Lent – the Stations of the Cross.



he Stations of the Cross consist of prayers, meditations, and hymns based on fourteen occurrences experienced by Christ on His way from the Praetorium to Golgotha (Calvary), where he was crucified for our sins. This popular devotion is wholly derived from the spiritual account of Jesus' suffering and death as recorded in the Gospels.

The Stations of the Cross have always been an important devotion in my own life ever since we prayed them on Friday afternoons in Lent at the end of our school day. Meditating on Jesus' passion brings us to the heart of the Gospel, illustrating His selfless love for all of us to save us from our sins. The Stations are not a morbid fascination with Christ's suffering, but rather an empathetic prayer that draws us close to our Lord and Savior in the hour of his sacrificial ordeal.

They help us to realize how much Jesus loves us in that He endured that most painful of deaths for our sakes as the sacrificial Lamb of God.

The human encounters Jesus experienced on the way to His death included His Blessed Mother, Simon of Cyrene who helped carry the cross, Veronica who wiped Jesus' face, the weeping women of Jerusalem, and Joseph of Arimathea, who placed Jesus in the tomb.

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The tortures He endured that Good Friday still cause us to wince at the mention of that Roman cruelty: the weight of the cross He carried, the stripping of His clothes, the nailing to the cross in His hands and feet, and His death on the instrument of torture which forever, now, is our sign of hope.

United to Christ's suffering

But this Lenten season, I will be especially mindful of the three times Jesus fell on His way up to Calvary. For if we liken our lives to the pattern of Jesus' suffering, we can find deep meaning in the determination of Christ to pick Himself up and complete His sacrificial offering to the heavenly Father.

As most of you know, a couple months ago I had my third heart operation, a successful aortic valve replacement surgery. While it took some weeks to recover, I thank God that I have been able to return to my

priestly duties here at Saint Paul of the Cross Parish. Earlier in my priesthood, I had two open-heart surgeries for the valve and for quadruple bypass. These three major surgeries were something akin to Jesus' three falls on His way to the cross. With the help of God, doctors, nurses, family, and parishioners, after each surgery I was able to pick myself up and continue my priestly life. So, for me, the praying of the Stations this Lent will have a personal mean-

ing, especially station's III, VII, and IX, which recall Jesus' three falls under the weight of the cross.

The Stations of the Cross at Saint Paul of the Cross Parish

We are blessed because of the beautiful and unique stations of the cross that adorn our two churches. At Saint Anne's, the stations (although removed currently due to the church renovation) are two-dimensional paintings that colorfully illustrate the

fourteen moments of Jesus' way of the cross. At Saint Winifred's, the stations (pictured below) are striking three-dimensional sculptures similar to the style of the crucifix in the sanctuary.

I hope to pray with you these
Friday evenings in Lent as we
commemorate the Passion of the Lord
through the praying of the Stations
of the Cross – a powerful devotional
prayer that draws us deeper into the
Paschal Mystery.

THE STATIONS OF THE CROSS at Saint Winifred Church



Depicted in the Stations of the Cross

The stations at Saint Winifred Church offer a wonderful opportunity for you to reflect on the sacrifice Jesus made for you.

- 1) Jesus is condemned to death
- 2) Jesus carries his cross
- 3) Jesus falls the first time
- 4) Jesus meets his mother
- 5) Simon of Cyrene helps carry the cross of Jesus
- **6)** Veronica wipes the face of Jesus
- 7) Jesus falls the second time

- **8)** Jesus meets the women of Jerusalem
- 9) Jesus falls the third time
- 10) Jesus is stripped of his clothes
- 11) Jesus is nailed to the cross
- 12) Jesus dies on the cross
- **13)** The body of Jesus is taken down from the cross
- 14) Jesus is laid in the tomb

For more complete information on praying the Stations of the Cross, scan the QR code with your phone or visit: www.catholic.org/prayers/station.php?id=15



Participate in the sacrifice of our Lord by praying the Stations of the Cross during Lent at Saint Winifred Church: **Wednesdays:** 1:00 pm (except March 15) // **Fridays:** 1:00 pm and 6:30 pm



CARRYING OUR CROSS IN DIFFICULT TIMES.

One of the great mysteries of life is the degree to which we are all subject to suffering and sorrow. We experience the pain of losing a loved one; the weight of sickness; the shock of losing a job; the suffering from the evil that surrounds us. All are afflicted in one way or another – good and bad alike – ending in the great sorrow of death.

Ever since the fall of Adam and Eve, when sin entered the world, suffering and death has come in tow.

Story by Tom McNulty
Photograph by Ed Macko



Psalm 34:18

n the season of Lent we're invited to reflect on two important things: that Our Lord, just like us, suffered through many things Himself – for He was like us in all things except for sin. And that it was by His suffering through His passion, and by His suffering and death on the cross that He has redeemed the world. Bearing our own cross, then, is the key to our ultimate salvation – if we embrace it willingly.

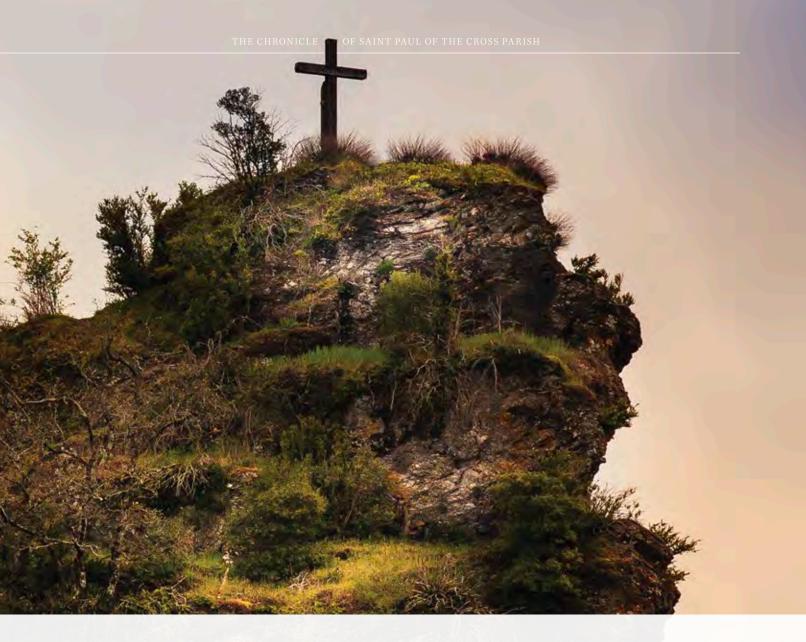
We most resemble our Lord in our suffering

Now we needn't bear our cross alone. He will help us carry it as Simon

of Cyrene helped Him. And the Eternal Father in heaven looks down on and sees how we imitate Our Lord – for we are most like him when we humbly and meekly carry on till the end. And as our Lord's sufferings paid the debt of the world's sins, so our suffering can remit the temporal punishment due to our sins. Suffering with grace now can shorten, and even eliminate, a more painful stay in purgatory.

In the kingdom of Heaven, suffering is the Coin of the Realm

And therein lays the profound merit in our sufferings when we willingly bear the vicissitudes of life: we truly



gain "treasure in heaven" because suffering is the "coin of the realm" in the kingdom of heaven. It is through suffering that we can gain a measure of glory among the saints – our own "highlights film" – and proof of our endurance and love of our Saviour.

With the proper intentions, we can also use our suffering to further the conversion of sinners in our families, communities, and around the world.

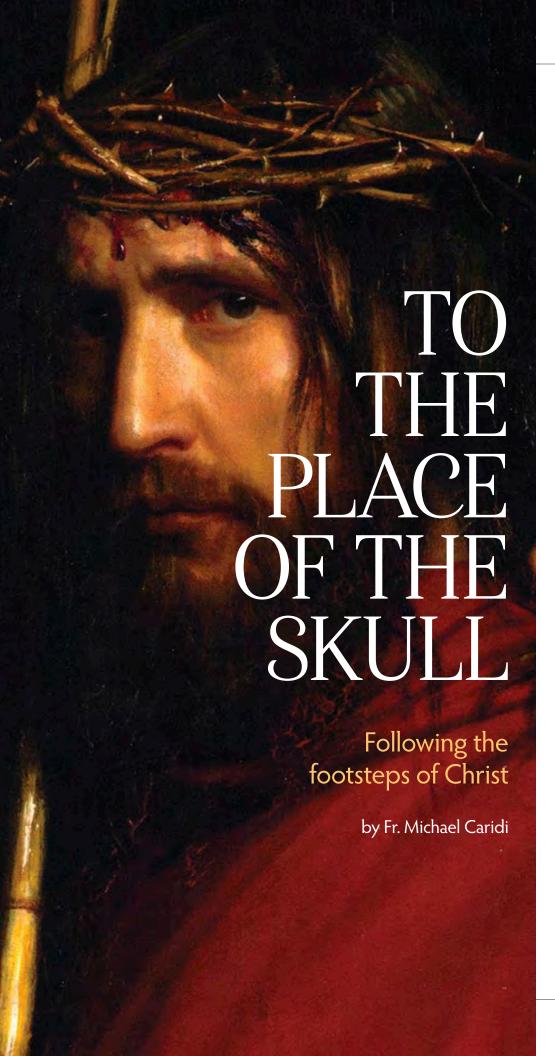
And when we suffer well, we are in union with the rest of the members of the mystical body of Jesus Christ who are enduring their like sufferings with us. Together, we form a powerful force

against evil and the building up of the kingdom here on earth. As St. Paul wrote: "I endure everything for the sake of the elect that they also may obtain the salvation which in Christ Jesus goes with eternal glory" (2 Tim 2:10-12).

What we suffer now is nothing compared to the glory He will reveal to us later (Romans 8:18)

It's easy to forget in the midst of all the pain and turmoil that our sufferings are temporary. Even if we suffer grievously throughout our entire lives, when offered up to Our Lord, we stand to win eternal life – where "He will wipe away every tear from their eyes; and there will no longer be any death; there will no longer be any mourning, or crying, or pain; the first things have passed away" (*Revelation 21:4*).

St. Paul goes even further and bids us to actually rejoice in our sufferings: "And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us (*Romans 5:3-5*).



Back in the winter of 2005, I had the incredible opportunity to spend almost an entire month in the Holy Land, participating in a study tour designed exclusively for Catholic priests.

In preparing to walk in the footsteps of Christ, I recall that the site I was most looking forward to visiting was the Basilica of the Holy Sepulcher, an ancient and massive structure that houses under one roof the sites of Calvary where Jesus was crucified, and, a short distance away, the tomb where He was buried and from which He rose from the dead.

The day we visited Holy Sepulcher, I recall entering the Basilica through its main doors and then turning right and climbing a very narrow and steep staircase leading upstairs to a chapel of sorts. This chapel houses Calvary, and inside is an ornate altar constructed over the very rock that Saint Helena in the fourth century identified as the exact location where the cross of Jesus stood.

Interestingly, in the Basilica's crypt and several meters directly below this Calvary Chapel there is another chapel I was unaware of. It is named the "Chapel of Adam", and

it enshrines a massive slab of cracked rock protected by Plexiglas. The interesting point is that the fissure in the rock connects directly upward to the same rock found in the Calvary Chapel.

Now the story gets fascinating.

Based on an ancient tradition recorded by Origen, a second century theologian, Christ was crucified directly over the place where Adam, the first man, was buried. Hence, Origen surmised that Golgotha – "the Place of the Skull" (Mt 27:33) – referred to the skull of Adam, and that the earthquake that occurred the moment our Lord died created the crack in the rock leading down from Calvary to Adam's tomb. (cf. Mt 27:51).

And so the legend goes that when the soldier thrust his lance into the side of our Crucified Lord, the blood and water that came out flowed through the crack in the rock and touched the dead remains of Adam below, thus bringing new life to the one ultimately responsible for the death of humanity, and redeeming the very one whose Original Sin of disobedience set world history on the course that led to the murder of God's Son.

Now, whether or not this tradition is true remains a debated point to this day, but to me it provides a beautiful image that I think can inspire us as we journey through Lent.



INSIDE THE BASILICA OF THE HOLY SEPULCHUR Top Photo: The site of Golgotha (Calvary);

Bottom Left: The Chapel of Adam; Bottom Right: The crack through which flowed the blood of Christ

In this holy season we confess that we, like Adam, are sinners whose disobedience has left us stone dry and entombed in darkness, as if there's some sort of barrier as hard as rock separating us from the tender love of our Heavenly Father.

At the same time, however, the Lenten practices recommended by

our Church – and especially the liturgies of Holy Week and Easter – have the unique capacity to draw us into the event of Our Lord's Passion and Resurrection, and remind us that the blood and water that flowed from His side on Golgotha, continues to rain down on us today, raising us up and bringing us back to life.

Continued from Suffering, Page 11

The Morning Offering –

Offer It Up Every Morning

This Lent, resolve to make a morning offering of all your "works, joys, and suffering in union with all the Masses throughout the world."

Attach an intention to every pain

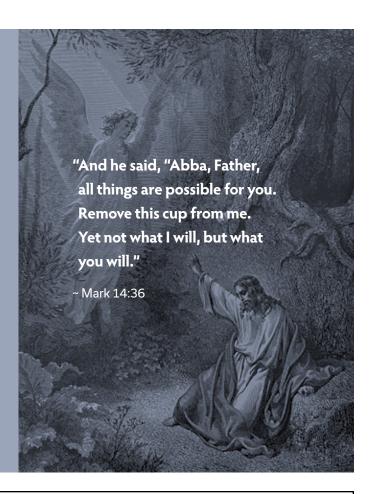
Don't waste a drop of your suffering. You can use it out of love for your neighbor to advance the conversion of sinners. Be particular.

If you can, pray not just to endure but to suffer well

Our Lord and the Blessed Virgin Mary showed us what it means to suffer well, humbly accepting everything as though it came from the hand of the Eternal Father.

Ask for it to be taken away - even Jesus asked

St. Padre Pio reminded us that if it is all too much, not to be afraid to ask "that this cup be taken away" for Christ himself asked the Father in the agony of the garden.



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A POEM OF



REDEMPTION

St. Augustine was no stranger to sorrow. His book, "Confessions" illustrates that very well.

Throughout the first 8 books, we learn of his sorrow, confusion, and guilt for his particular sins.

But the point is not what he suffered for, the point is that he suffered – as we all must if we are to experience true redemption.

We all know Augustine as a bishop, a theologian, a philosopher, a Father of the Church, and quite possibly one of the most brilliant minds we've ever encountered.

Now enjoy him as a poet.

Late Have I Loved You

St. Augustine

Too late have I loved you, O Beauty so ancient, O Beauty so new. Too late have I loved you!

And see, You were within me! And I was within the external world, And there I sought you.

And in my weakness
I plunged into the lovely created things which you made,

Those lovely things kept me far from you,

The lovely things that would have no being unless they existed in You!

You called and cried out loud And shattered my deafness. You were radiant and resplendent, You put to flight my blindness.

You were fragrant,

And I drew in my breath and now pant after you.

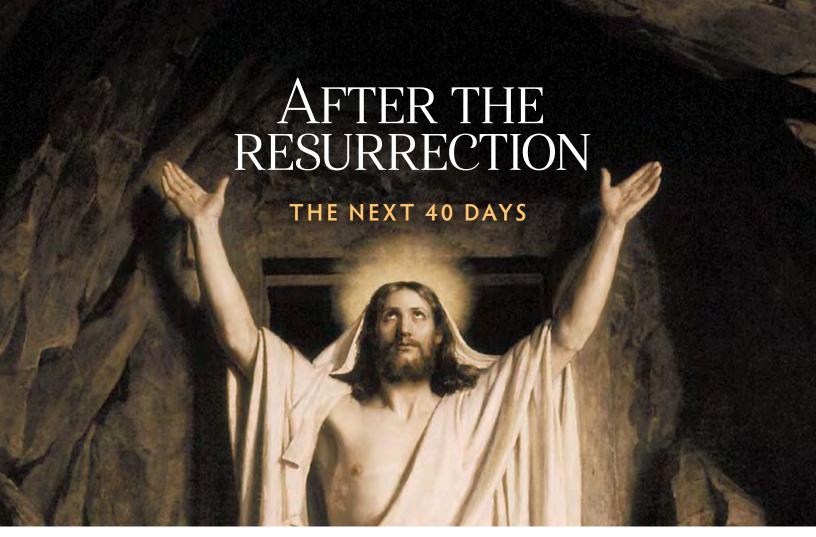
I tasted you,

And I feel but hunger and thirst for you.

You touched me.

And I am set on fire to attain the peace which is yours.





From the time Jesus was arrested in the garden, confusion and fear reigned among the disciples. They ran and hid. Peter denied knowing Him three times. Only John followed Him to Calvary. A few days later, everything changed – just as He said it would. He had Risen.

hat would happen over the next 40 days would transform the confused and, at times, disbelieving disciples into the pillars of the Church we have come to know. But these events can also transform us. They can fill us with much needed peace as we face the crosses we are often asked to bear: fear or anxiety, shame or regret, doubt or confusion, grief or abandonment all are examples of afflictions that can assail us in difficult times.

Who would have expected that the turn of events that began in the Garden of Gethsemane could somehow be eclipsed by what was to begin that quiet Easter morning when Mary Magdalene arrived at the tomb and became the first to see the risen Lord (In 20:11-18).

Over the next 40 days, Jesus made at least 10 appearances - most in small settings, but one to more than 500 people at once (1 Cor 15:6). And before ascending back to the Father,

Story by Deacon Philip Martorano and Ed Macko

He promised His disciples that He would never abandon them -He would be with them always, until the end of the age (Mt 28:20).

That same promise extends to us in many ways, but a few of His post-resurrection appearances reveal just how in some very specific ways.

Fear and the Sacrament of **Reconciliation and Penance** (John 20:19-23)

In the Gospel of John, Jesus appeared to the apostles as they were hiding in fear behind locked doors. Suddenly, Jesus came and stood among them, save for Thomas. He greeted them saying, "Peace be with you."

His first words are words of tenderness and reassurance, not shame or

"Who would have expected that the nations would put their hope in the name of Christ, at the time when he was arrested, bound, scourged, ridiculed, crucified; when even his disciples had lost the hope in him which they had by then begun to have? The hope that was then scarcely held by one thief on the cross is now held by nations scattered far and wide, who are signed with the sign of that very cross on which he died, so that they might not die forever."

~St. Augustine, City of God (Book 20, Chapter 30)

condemnation for having abandoned Him through His Passion, or for hiding in fear. He is there to assure them that His love for them will never change his forgiveness is to dispel both their fear and guilt.

Then He does something quite unexpected: He breathes His Holy Spirit on them and gives them the authority to forgive and retain sins in His name. The appearance reminds us that Jesus' mission of mercy and reconciliation continues through the apostles and their successors.

It reminds us that when we are fearful, troubled, or grieved because we have abandoned our Lord and the Father's love through sin, we can go to Him in the confessional and find His peace and forgiveness.

The Journey to Emmaus and the Sacrament of the Eucharist

(Luke 24:13-35)

On the very day of the resurrection, a couple of Jesus' disciples are walking somberly toward Emmaus when they encounter an unrecognizable man. They tell him the news of the brutal crucifixion and death of the great rabbi - their expected Messiah.

Then the man explains how all the Messianic prophecies from Moses and through the prophets had to be fulfilled in and by Jesus' death. But it's the climax of their encounter that particularly demands our attention.

Invited into their home and at table, the man (Jesus) took bread, said the blessing, broke it, and gave it to them - just as He had done in the feeding of the five thousand and with the apostles at the Last Supper. It was at that very moment that Jesus vanished and the disciples' eyes were opened, and they recognized the risen Jesus.

This very act is a foreshadowing of the reality of the Consecration at every Mass: Jesus reminds us of His supreme sacrifice, His bodily death, and His resurrected, ascended presence - Body, Blood, Soul and Divinity. In the Eucharist, Jesus comes to us as He is now - glorious in heaven.

His presence in the Eucharist is our greatest channel of grace. And He will always be our most assured help in difficult times when the sorrows that seek to disturb our peace come calling.

Doubting Thomas and the **Authority of the Church**

(John 20:24-29)

Eight days after His first visit, Jesus returned to the Upper Room to face the skeptical Thomas, who didn't believe the others because he had not seen the Lord with his own eyes.

Knowing his doubt, Jesus speaks to Thomas directly to bring him to faith. He invites Thomas to probe His wounds and to not doubt the testimony of the apostles, and to believe that He had, in fact, risen and was truly alive. Filled with awe, Thomas exclaims, "My Lord and my God."

The appearance reminds us that Jesus speaks to us directly through the Magisterium of the Church to guide us, relieve us of the doubt that can sometimes creep into our minds and hearts, and give us certainty and clarity in the face of disbelief.

Whether we encounter Jesus in the confessional, go to Him in the Eucharist, or listen to Him speak through the Magisterium, it is only Jesus who can truly strengthen our will and restore our peace.

GET INVOLVED IN A MINISTRY IN 2023

Our Parish has many ways for you to share your time and talents. We may be many, but we are one in the Body in Christ. By participating in a ministry group, you will draw closer to God, learn His will for your life, and help spread His Gospel message to others. This is our calling as disciples of Christ – to build His kingdom here on Earth. And by participating in a ministry group, even in a small way, you will have the opportunity to be part of His work.



Liturgical Ministries

Altar Server

Assisting at Mass is an excellent way for children to practice the faith. Any child who has received their First Communion is able to receive training and assist the Priest at Mass.

Eucharistic Adoration

Spend time with our Lord in Eucharistic Adoration every Tuesday at St. Anne Church and Thursday at St. Winifred Church. Call the Church for up-to-date times.

Lector

Proclaim the Good News through the reading of Scripture at Mass. A brief interview and questionnaire is all that's required.

Usher

Create an atmosphere of openness and friendliness to those attending Mass and assist with seating, the collection, and addressing the needs of handicapped visitors.



Saint Paul of the Cross Choir

Enhance the liturgy through you voice during the 10 a.m. Mass every Sunday, and at other major liturgical celebrations. Repertoire ranges from chant and polyphony to music by modern composers. Rehearsals are just once per month and prior to the Mass on Sunday.



Organizational Ministries

Caring Companions

Show compassion to those who could use a friend by reaching out to the homebound and elderly members of the parish. Make phone calls, send letters or cards, or even visit personally. This ministry is equally rewarding to both the recipient and volunteer.

Homebound Ministry

Be of service to parishioners who are unable to attend Mass due to illness or injury. Also, visit with the homebound, fostering connectivity to the Church, the Catholic faith, and the Eucharist.

Journey of Grief

Support (in a group environment) those who have experienced the loss of a loved one. This Christ-centered ministry meets once per week in the Spring and the Fall to explore the impact of grief on our minds, bodies, souls, and our relationships.

Ladies of Charity

Provide comfort to those who may be isolated due to illness, old age, or infirmity. Members provide hospitality at the annual Anointing Mass, assist with needs throughout the year, and gather before each funeral to pray the rosary for the departed.

Lunches for the Hungry

Join us in the Saint Anne Convent Dining Room the third Tuesday of each month as we help the Red Door of Saint Mary of Mercy Church, located in Pittsburgh by preparing snack bags for the poor, homeless and hungry of our region.

Parish Fair Committee

Join the efforts in helping to organize our largest fundraising event of the year. Help organize games, food, and coordination of other events.

Respect Life

Be part of a culture that respects life in all its stages. We seek to be a spiritual presence by keeping the most vulnerable in our prayers, a practical presence by providing resources to those in need, and an educational presence by speaking God's truth regarding the gift of life.

Saint Winifred Food Pantry

Help those in need by helping with weekly food distribution. Distribution is on Wednesdays and Saturdays in the O'Shea Center at Saint Winifred. Saturday delivery is available for homebound persons.

St. Vincent de Paul Society

Members are devoted to embracing the Gospel message through prayer and community outreach and provide one-on-one visitation and consultation, as well as financial support for those in distress.

Substance Addiction Ministry

Help provide a Catholic response to those struggling with the spiritual disease of addiction by serving as a bridge to God's grace and healing.



Fellowship Organizations

Adult Faith Formation

Adults use the FORMED platform as the basis for growing closer to Christ by learning the Faith through a combination of on-site and remote learning opportunities – including Bible studies and guest speakers.

Book Discussion Group

Everyone is invited to take part in the Book Discussion Group. We meet in the Saint Anne choir room the first Wednesday of every other month from September through May.

Catholic Men's Fellowship

Make friends with a group of men who support one another in becoming better husbands, leaders, and citizens. The men gather on the first and third Thursdays of each month in the Saint Anne Convent Dining Room, and once a year hold a fall retreat in the mountains of south-central Pennsylvania.

Fish Fry Committee

Our annual Lenten fish fry begins on Ash Wednesday and continues every Friday during Lent except for Good Friday. All ages and skills are welcome to help raise money for our parish through this fundraiser.

Knights of Columbus – South Hills Council #3084

All practicing Catholic men, 18 years of age or older, are welcome to join the ranks of the Knights and lend their talents to many Catholic concerns: pro-life / pro-family, Catholic education, and vocations. Visit www.southhillsknights.com

Legion of Mary

This is the largest organization of lay people in the Catholic Church. Their main purpose is to glorify God through sanctification of its members who share a special devotion to Our Lady. Members meet on Saturday mornings in the Saint Anne Convent for prayer, planning and discussion.

Women's Guild

A special group of parish women who participate in religious, educational, cultural, and fundraising activities.

The Women's Guild meets three times per year.

Youth Group

High schoolers enjoy many exciting opportunities to come to know, love, and serve Jesus through both on-site and remote opportunities to help our community, serve our parish, and grow closer to Christ and His Church.

Call the Parish Office at (412) 531-5964 for more information about becoming a part of any of these ministries that serve our church and community. Have mercy on me God in your goodness; in the greatness of your compassion wipe out my offense. Thoroughly wash me from my guilt and of my sin cleanse me.



Lent begins with the receiving of ashes as a public sign of our willingness to do penance and fervently participate in the Lenten practices of prayer, fasting and almsgiving. In doing so, we seek to imitate and contemplate the very life of Christ with the goal of sharing in His redemptive graces.

Prayer is the hinge upon which the season of Lent rests. Every Catholic is called upon to renew his life of prayer, do penance for sins committed and return to the Lord with a renewed heart. This is achieved through active participation in the Holy Mass, a daily Examination of Conscience, Confession, Scripture reading and Catholic devotions such as the Stations of the Cross.

Fasting, a form of penance and self-denial in imitation of Christ – whose fast in the desert lasted forty days – is also an integral part of Lenten observance. Fasting assists us in gaining mastery over our bodies and disciplining those passions and desires which are contrary to God's will. By fasting, we express our willingness to suffer and our dependence on God for everything.

Almsgiving is the process of conforming ourselves more perfectly to Christ through the display of mercy and charity – especially towards the poor and needy. We are all encouraged to be more charitable towards the poor during Lent. One way of doing so would be to donate the money we might save from our fasting to the charity of our choice, or donate the equivalent of a day's meals to a kitchen that serves the homeless.



JOIN THE
ST. PAUL OF THE CROSS
RESPECT LIFE GROUP

CALL KATHY @412-344-9690



FORWARD in HOPE: CAMPAIGN UPDATE

ast fall our parish conducted a Capital Campaign to raise funds to make much needed upgrades to the parish facilities on the Saint Anne campus over the next several years.

To date, the campaign has garnered \$2,445,392 in pledges from 378 donors – an average pledge of \$6,469, which is impressive.

Last month, work began on the first project associated with the campaign: the interior restoration of Saint Anne church. This phase involves the cleaning, refinishing and repainting of all artwork and statuary, the installation of a new tabernacle in the center of the sanctuary, as well as lighting and sound upgrades. Work is slated to be completed on the church restoration before summer.

Planning has already begun for the next phase, which will include the renovation of Harkins Hall into smaller meeting rooms, the installation of an elevator leading down to the hall and new accessible restrooms.

The McClean architectural firm has been retained for this phase and has been working on designs for the renovated hall. Soon the project will go out to bid, and we are hoping to begin work sometime this fall or early winter.

Subsequent projects we are hoping to complete down the road are the construction of a new parish center and large banquet hall as well as significant upgrades to the parking and landscaping.

Thanks to everyone who has contributed to the Forward in Hope campaign. Your generosity ensures that Saint Paul of the Cross Parish is poised for a bright future for subsequent generations to come.

"For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope." ~Jeremiah 29:11







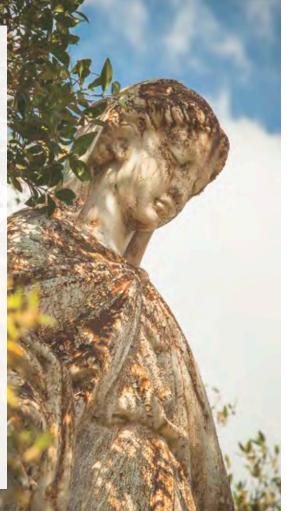
We remember and offer our prayers for those buried from Saint Paul of the Cross Parish.

November 1, 2021 through October 31, 2022

Charles R. Volk Karen A. Pinchalk Beth Ann Dillon Jame McVeigh Evelyn Kimmerele Michael Daube Raymond Rosa Gene A. Riley Patricia Weiss **Timothy Courtney** James Roberts **Edward Aschley** Timothy Birkel John F. "Jack" Fuhrer Suzanne Kaufman Paula Martin James Wolf Angelo Cardamone Loretta Kowalski

Edna Mae Voelker Richard Farrell Welch II Alice K. Survinski Eileen Morgan Donald J. Lacek **Dolores Anania** Jim Laffey Karen Morgan Terence Nolan Denise Zerby Kenneth Gillenberger Frederick J. Arden Eleanor Pearson Lawrence Ryan Lucille Lynch Lucio Santella Mildred Sukys Rosemary Conroy Valenteen Felicetti Albert Hamel

Edward Revitsky Shirley Romanello Maureen Klingensmith Teresa Dunn Deborah DeWorken John Opferman Daniel Moskal Mary Carney Sandra Kiersarsky **Anthony Gimbrone** Barbara Folger Marcella Raso William Hart Dorothy Ann Tonini Daniel Ryan Don Musser Patricia Gaglia Sean H. O'Loughlin Clementina Weiland



Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

May they rest in peace. Amen.

May almighty God bless us with his peace and strength, the Father and the Son and the Holy Spirit.

Newly Baptized as of July 22, 2022

Elena Nicole Norelli7/23/2022	
Franklin Thomas Skowronski 8/7/2022	
Albert Daniel Chapman8/7/2022	
Liam Bryce Fleming 8/14/2022	
Isabella Margaret Rodgers9/4/2022	
Genevieve Mae Ubinger9/10/2022	
Ella Grace Ubinger9/10/2022	
Samuel Grey Ward9/25/2022	
Olive Mae Naccarelli9/25/2022	
Madison Belle Renz10/8/2022	
Callee Christine Sweitzer10/9/2022	
Elliana Aurora Capan 10/23/2022	
Madelyn Rose Phillis 10/23/2022	
Owen Glen Potenziani 10/23/2022	
Anthony Michael DeLisio11/6/2022	
Lorenzo Brian Lakomy11/6/2022	
Roman Paul White11/13/2022	
$Sebastian\ Alexander\ White\\ 11/13/2022$	
Nico Anthony Boeggeman 11/20/2022	
Thea Renee Higgins 11/27/2022	
Andrew John Dobnak11/27/2022	
Nina Rose Swisher 12/4/2022	
Ruby Louise Cowan12/4/2022	
Etta Layne Todd12/4/2022	
Maria Rose Rauch 12/11/2022	
Sophia Elizabeth Cencich 12/18/2022	
Giovana Ada Strangis1/8/2023	
Henry Nelson Cupp2/5/2023	





Darius Norkevicus Joseph Obara Isaac Ober Alexzander Parise LucyPisaniello **Tucker Porter** Madelyn Rager Tyler Robinson Nathan Rohe **Dominic Rowles** Mason Shrubb Jordan Smerecky David Smith Luke Tiereney Jeremy Wagner (adults) Tara Chevdar Jena Pattison



Newly Married as of July 22, 2022

Brian Wright

Jessica Wright Vance Wright

August 13, 2022

John Paul Wolf married Anne M. Merovich

October 15, 2022

Justin Thomas Glock married Ashley Rose Hadley

October 29, 2022

Paul Jerome Bosle married Malissa Beth Dry



Pray the Stations of the Cross during Lent at Saint Winifred Church

Wednesdays 1:00 pm (except March 15) // Fridays 1:00 pm and 6:30 pm

CHURCH-SPONSORED EVENTS

March 4 Five First Saturday's Devotion

March 29 The Light is on For You:

Confessions in St. Winifred Church

April 1 Five First Saturday's Devotion

April 6 Holy Thursday: Mass of the Lord's

Supper, St. Anne @ 6:30pm

April 7 Good Friday: Liturgy, St. Anne @ 1:30 pm

April 8 Basket Blessing: St. Anne @ 12:30 pm

Vigil Mass: St. Anne @ 8:30 pm

April 9 Easter Sunday:

St. Anne @ 8:00 am, 10:00 am, 6:00 pm

St. Winifred @ 11:30 am

May 6 Five First Saturday's Devotion

May 18 Ascension (Holy Day of Obligation)

May 28 Pentecost

July 18-26 Saint Anne Novena

August 15 Assumption of Mary (Holy Day of Obligation)

FELLOWSHIP EVENTS

March 1 Book club: Epic Food Fight: A Bite-Sized History

of Salvation, by Fr. Leo Patalinghug

March 3,10,17,

24, 31 Parish Friday Night Fish Fry @ Old St. Anne School

March 18 &19 St. Vincent DePaul Spring Food Drive

March 25 Women's Guild Retreat at St. Winifred Church

May 3 Book Club: Carlos Acutis – The First Millennial Saint

June 12-17 Parish Fair (Date subject to change)

ADULT FORMATION

March 1, 8, 15,

22, 29 RCIA

March 4 Pre-Cana Class

March 14 Lent Speaker:
Chris Chapman, "The Seven Sorrows of Mary"

March 14 Baptism Class

March 18 Lent Speaker:

Helene Paharik, "Carrying Christ: A Lenten

Reflection for Ministers to the Sick and

Homebound

March 21 Lent Speaker:

Mike Aquilina, "The Angels and Us"

March 28 Lent Movie Presentation: "The Miracle Box:

The door to the Heart of God (Confession)"

April 5, 12, 19, 26 RCIA

April 11 Bible Study: The Bible and the Virgin Mary

April 16 Adult Ed: Who Am I to Judge

April 25 Bible Study: The Bible and the Virgin Mary

May 3, 10 RCIA

May 9 Baptism Class

May 9 Bible Study: The Bible and the Virgin Mary

May 21 Adult Ed: Who Am I to Judge?

June 4 Adult Ed: Who Am I to Judge?

July 11 Baptism Class

YOUTH MINISTRY

March 5 First Sunday Meeting

March 19 How to Pray: St. Joseph Day

April 2 First Sunday Meeting: Pizza and Praise

May 2 First Sunday Meeting
May 18 Jesus and Junk Food

KID'S MINISTRY

April 27

March 6 CCD 1st Reconciliation

March 7 SHCA 1st Reconciliation

March 26 First Communion Retreat

April 30 First Communion

May 25 SHCA 8th Grade Graduation

First Communion Practice

June 26-29 Summer Saints (for grades K-3)

JOIN A PILGRIMAGE

Learn more and book at: www.APilgrimsJourney.com



WALK THE CAMINO: APRIL 24-MAY 4, 2023

- 100K Sarria to Santiago de Compostela with Fr. Dan Waruszewski.
- · Also, visit Madrid, Fatima and Lisbon.
- Cost: \$4,299. To book, visit: www.bit.ly/Camino2023.

The Camino Pilgrimage will be offered again in April 2024. Email belinda@APilgrimsJourney.com for details.



THE MARIAN SHRINES: OCT. 3-14, 2023

- Visit the Marian Shrines of Portugal, Spain & France: Fatima, Zaragoza, Madrid, Lourdes, Barcelona and Montserrat, on this twelve-day pilgrimage led by Bishop William Waltersheid.
- · Cost: \$4,499. To book, visit: www.bit.ly/Marian2023.



ITALY PILGRIMAGE: NOVEMBER 6-17, 2023

- Visit Rome, Assisi, Florence, Padua, Venice and more on a 12-day pilgrimage with Fr. Paul Zywan
- . Cost: \$4,499. To book, visit: www.bit.ly/Zywan2023.



THE HOLY LAND: JAN. 19-29, 2024

- Walk in the footsteps of Jesus on an eleven-day pilgrimage with Fr. Jeff Craig.
- See Jerusalem, Bethlehem, Nazareth, Cana, Capernaum, the River Jordan, the Sea of Galilee and Masada.
- . Optional extension to Jordan with Jan. 31 return.
- Cost: \$4299. To book, visit: www.bit.ly/HolyLand2024.

Pilgrimages include: flights from Pittsburgh; taxes and current fuel surcharges; hotels; private bus; full-time tour guide; breakfast and dinner per itinerary; entry fees; daily Mass, and more.

For reservations or information: email Groups@PerilloTours.com or call 1 855 784 7687.

For additional information, contact travel organizer Belinda Held: 724-481-1700 or 724-679-7450 or Belinda@APilgrimsJourney.com.

Find brochures for all pilgrimages: www.APilgrimsJourney.com or scan the QR code.



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